

Mandala

(Sanskrit: Sacred Circle)

A Powerful Healing Symbol



Celeinne Ysunza, PhD

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In Honor Of



Jane Balch Boulton

September 25, 1921 – May 4, 2018

Writer Author Sculptor Artist

My adoptive mother whose grace, elegance and creative beauty remains a radiant light in my heart. I could never have accomplished this wonderful life without her benevolent influence.

NAMASTE, Jane, wherever you are.

This personal Mandala workbook and journal belongs to:



Dedicated to healing my inner child.

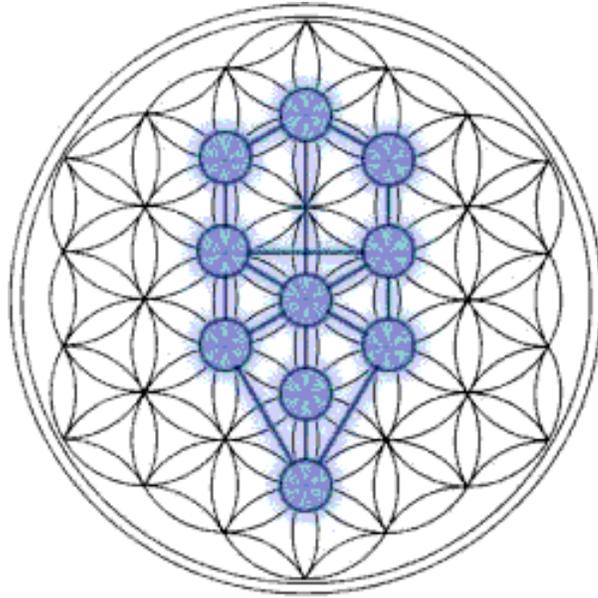
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MANDALA

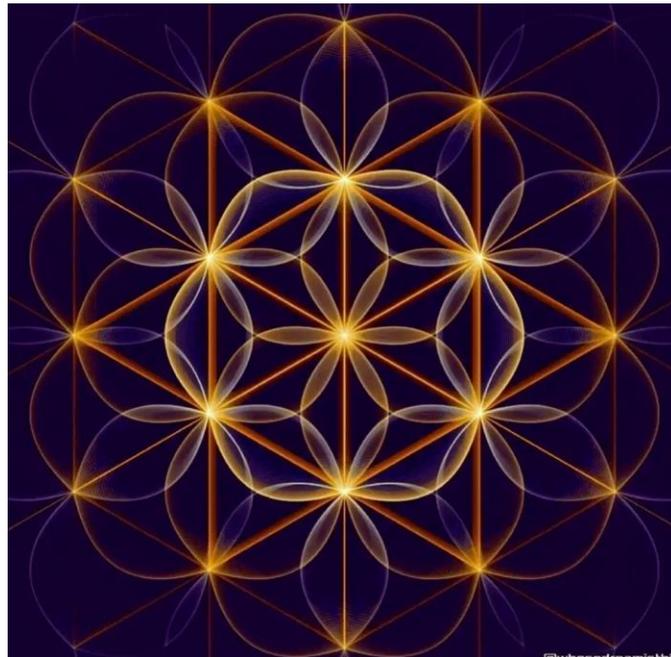
{Symbol of the womb of Divine
From wherein all creation manifests the 'I AM'}

The MANDALA is the basis at the core of all living, pulsating life. It is considered “*sacred*” because it is a symbol of our innate “*Spiritual DNA*”. The MANDALA is considered a symbol of the world as representative of the divine in perfect form and design-to-become-manifest; to represent the awakening to that natural balance within of the *holistic* heart.

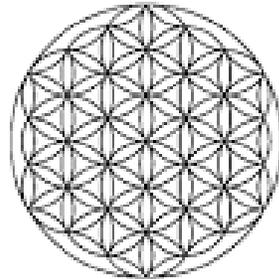
In Egypt and most cultures worldwide are found the symbols of the Mandala/circle-flower-of-life representing the “intuitive heart” of the spirit that is within. Depending on how fully the symbol is demonstrated or drawn, this is sometimes called the seed of life, the tree of life, and the egg of life. It is shown symbolically in many art forms, temples and cathedrals. The Jewish Kabbalah’s sacred Tree of Life is demonstrated to be at the heart of the mandala of life – just like our heart (chakra).



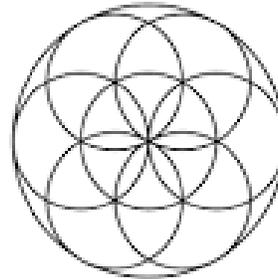
Flower of Life



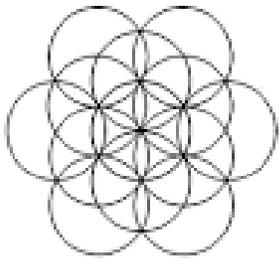
Tree of Life



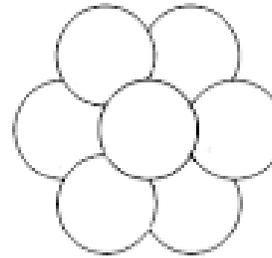
The Flower of Life



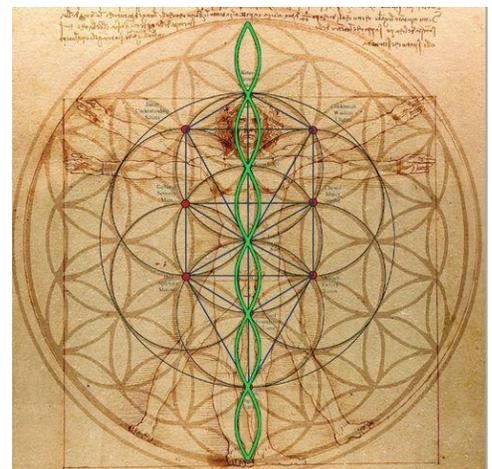
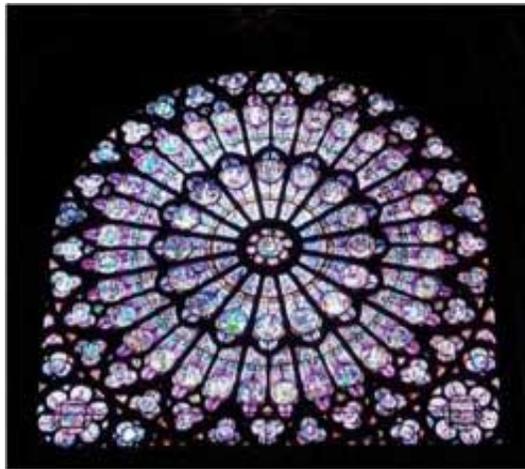
The Seed of Life



The Flower of Life



The Egg of Life



Leonardo da Vinci's drawings demonstrated man's relationship to the sacred energy-form of the Mandala of life.

A student of the BUDDHA approached him and asked BUDDHA to tell him all about life. The BUDDHA remained silent without acknowledging the student. The student returned a second time and asked again for the Buddha to tell him all about life. Again, the BUDDHA remained silent. Finally, after several attempts by the student to engage the BUDDHA, the BUDDHA turned to his student and told him that to know all about life is to go and live, totally emersed, in Nature to study everything nature has to offer. Study the leaves on the trees, the flowers, the unfurling fronds of a fern, the ebb and flow of the ocean, the waxing and waning of the moon, the constellations in the sky, the movement of the cosmos.

Symbols are more powerful than words because they speak truthfully to your innate, intuitive divine-intelligent-heart which is the temple within located in your HEART CHAKRA. This is also where your inner child resides. In reclaiming, nurturing, healing, and shepherding your Inner Child, you want to reach out and embrace in the space of your SACRED CIRCLE that is your Mandala.

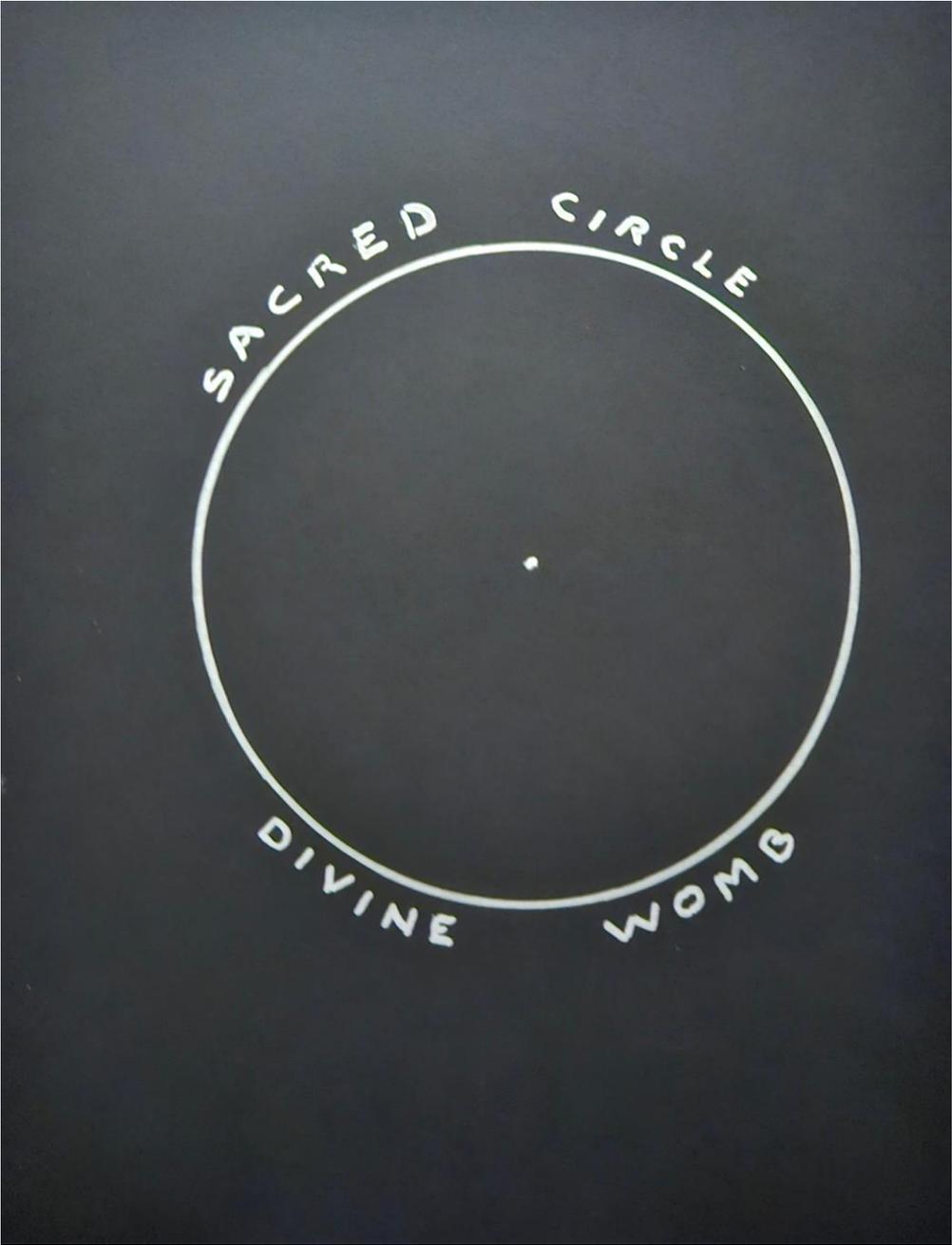
By quietly meditating on the center of your Mandala, breathe slowly and deeply. Ask your spirit guides to reveal to you an image for you to “listen” to and meditate upon its meaning. By performing this process, you are being divinely guided by the protective Grace of the Divine Source. Below is a powerful symbol to help you begin your journey to connect with your Inner Child.



"The Crystal" by Sulamith Wulfing.

The Christ Child Inside an Icosahedron

What image or message does this reveal for you?



My personal notes and messages.

Nature reveals the sacred circle throughout the cosmos and upon the canvas of her beautiful Earth (Mother/Divine): From the center of any circle is revealed the spirit of the 'I AM'.

Cat Eye Nebula

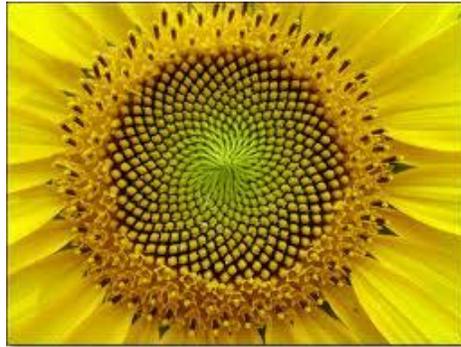


Andromeda Galaxy - in [London, United Kingdom](#).



What do these images reveal to your Intuitive Heart?

The BUDDHA told his student that the way to know about life is to live immersed in nature and study it's tiniest intricacies to see the perfection of life's unity and unfoldment.



The ZEN BUDDHISTS say the objective is to learn how to perceive the wholeness in life as reflected in nature.

The HINDUS of the Vedas say, “The physical world is brought into being through both the veiling and projecting powers of consciousness.”

The SUFIS say, “The Macrocosm is the Microcosm.”

The SHAMAN KAHUNAS of Hawaii say that everything in the universe is infinitely inter-connected, and this interconnectivity can almost be thought of as a web.

Indigenous people and cultures around the world from the Aboriginals to the Dogon Tribe of Mali and throughout the Native American tribes all live by these principals. In other words, you are an aspect of sacred creation.

While these practices by ancient mystics, gurus and holy and philosophical teachers were buried as being primitive, non-scientific and heresy, we of this modern world have been shown by the scientists that ancient teachings were accurate.

Albert Einstein said that this time/space are not separate entities but, rather, are a ‘continuum’.

David Bohm said, “Everything in the universe is part of a continuum, all seamless and unbroken”. You, sacred child, are an aspect – at ONENESS – with the “ALL POTENTIALITY” of the sacred creation.

Nobel Prize Winner (1933), Erwin Schrodinger, said, “The total number of minds in the Universe is one. In fact, consciousness is a singularity phasing within all beings.”

Have you ever seen a Hologram cut in half? Rather than seeing two half-images, each half reveals two WHOLE images. Cut each half into halves again. Each broken piece of the hologram reveals completely whole images rather than several fragmented images. In other words, rather than four pieces of the whole,

you will see four WHOLE IMAGES. Again, and again wholeness refuses to be separated from itself. You are a tiny aspect of the whole. Just as with the spider web, we are all connected to the one. Whatever are your movements and actions, so they are mine and vice versa. We are each working as individuals, but only in terms of being an individual as an aspect of the whole. The Mayans have a saying: La Kesh. You are (an aspect of) me. I am (an aspect of) you.

Spiritual traditions worldwide use the MANDALA for healing and transformation of the inner self because the MANDALA symbol helps us to focus and reflect the spiritual content of the Self and the psyche, for both the creator of the MANDALA and the viewer. Drawing a MANDALA has the potential to coax one to that Temple Within to become filled with effulgence.

Tibetan, Hindu, Native American and Jungian psychologists, along with alternative professional physicians and art therapists, have used the MANDALA to bring about a HOLISTIC HEALING for many kinds of fragmented egos and psyches that have fallen out of harmony with Divine nature and, subsequently, are suffering the results due to a 'crises in transition'. This is referred to by Stanislav Grof, M.D., Psychiatrist, as a "psycho-spiritual emergency".

The creating of and meditating upon the MANDALA is not only to address crises within the psycho-spiritual self. It is used by Tibetan Monks who create incredibly intricate sand MANDALAS that require millions and millions of sand granules – and days to complete. The monks spend endless hours placing one grain of sand after another as they create their MANDALA 'floorplan' which is symbolic of the sacred mansion of life.

Their design is considered a divine geometry of the heavens above. We are considered the reflection (living below or in mirror image) of that heavenly image. The Tibetan MANDALA is an outer symbol/vehicle to which they address their prayers.

The monks use meditational focus and intention that is meant for the community in which they are creating the MANDALA and for the world at large. The purpose is to demonstrate an awareness of that which is greater than we, the little self.

The most beautiful aspect of the Tibetan Monks' MANDALA is the symbolic demonstration about the ephemeral nature of our life here on earth. Namely, that NOTHING in our life is permanent. All things are in flux including the not-so-beautiful as well as the beautiful. Step by step we reach plateau after plateau, but none are the summit. Through this process all things are called into balance which helps usher in enlightenment to the Self ~ bringing fulfillment from the Divine image within. No matter how beautiful the image, no matter how transcendent it may be for the creator and/or the spectator, none of this is permanent; all is in a constant state of flux.





Regardless how long it takes for the Tibetan monks to complete their prayer-filled MANDALA, when they have completed the MANDALA, they destroy it by sweeping it up and dispersing handfuls to those who participate in the closing ceremony. The purpose symbolizes the final reminder of the infinitely sublime possibilities that are. The remaining sand is blessed and released into the nearest stream so that it can be swept into the ocean to bless the entire world.



Images from ISBN 1-55939-086-7

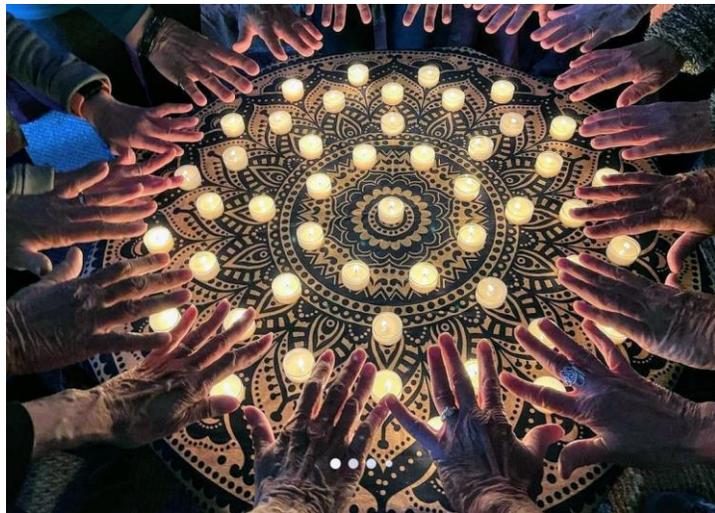
MANDALA The Sacred circle of Vajrabhairave.

Daniel Cozort with MONKS OF NAMGYAL MONASTERY

(Snow Lion Publications Video in association with
South Mountain Productions 1997)

Daniel Cozort is a professor of religion at Dickinson College. He has written extensively on Buddhist philosophy and Tantra, including the Snow Lion books.

Powerful is the prayerful mandala exercise within a group. Our hands contain chakras which allow them to be 'healing tools'. The healing vibrations of PRAYERFUL INTENTION as a group can literally be felt and registered worldwide as evidenced by the 'Consciousness Work' that has been done by Dr. Dean Radin and others at the Institute of Heartmath of Santa Cruz, CA since the early 1990's.



Images of Lil McGill's Mandala Group in Nevada City, CA. 2023



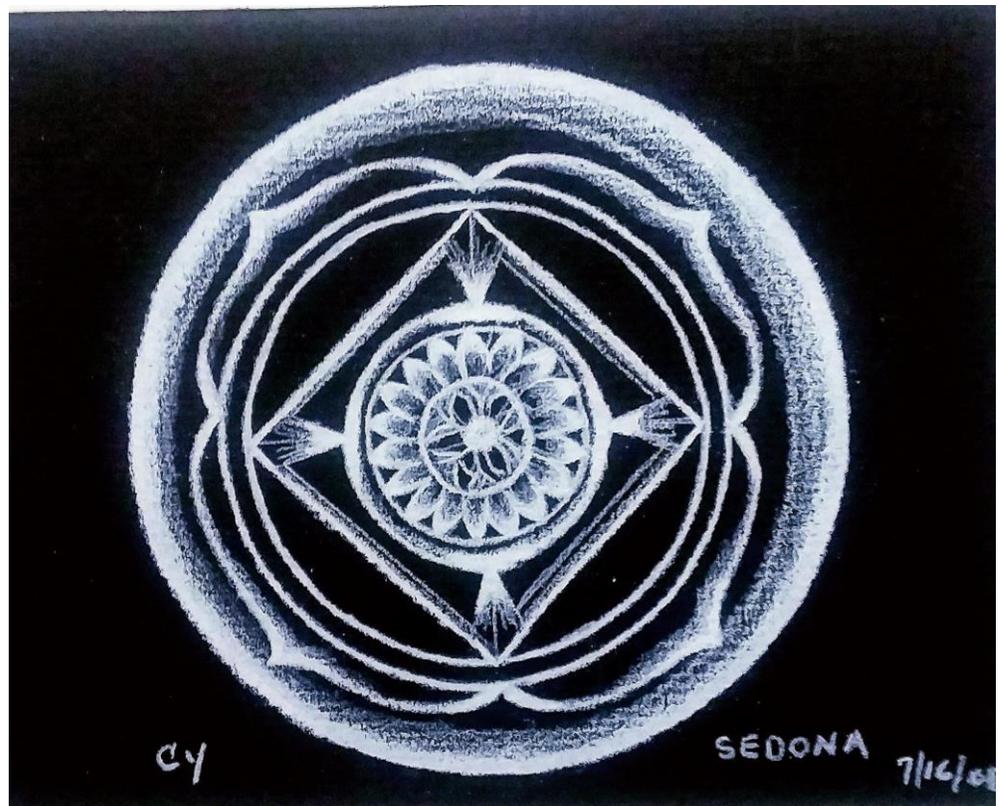
Working with nature to create your Mandala is a sacred communion that speaks to your Intuitive Heart.



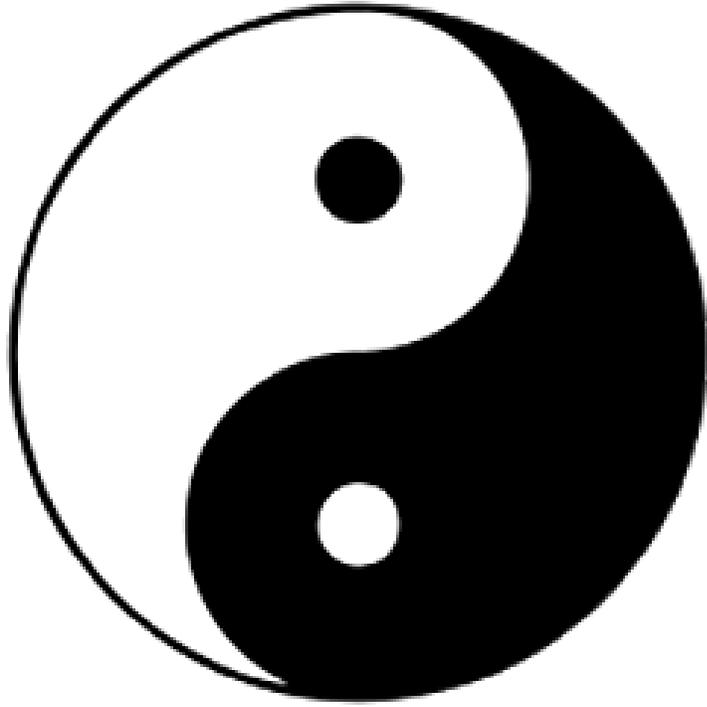


The beadwork of the Huichol People from the Sierra of Jalisco and Nayarit reflects their reverent and symbiotic relationship with nature.

Symbols speak to our intuitive heart. You may get a direct message before, during or after meditating on your Mandala. This may come and go quickly, or it may sit within your intuitive heart. If no message seems to come, explore the meaning of each symbol. Leave it and go back to it later. Another exercise is to write your message with your non-dominant hand. Intention is important. Not all Mandalas you create will deliver a specific message.



We are spun from the web of desire. cy

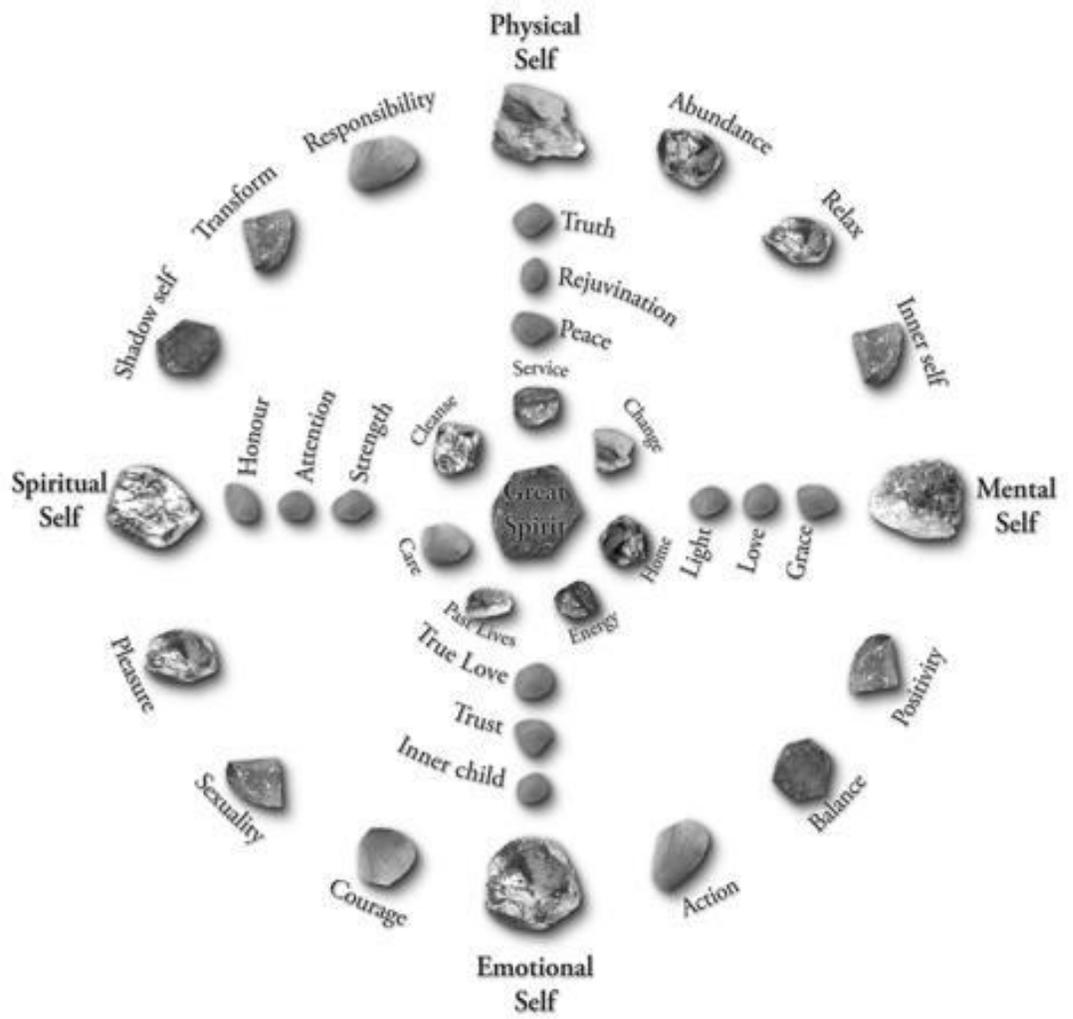


TAO YIN/YANG



Do any of these symbols speak to your intuitive heart? The symbols of a swan and pyramid came to me completely out of the blue when I asked about my progress in working with Dr. Judith Cornell. As you see, the ability to draw is not a prerequisite.

The Native American cultures use the MANDALA in the form of a medicine wheel in which the person who needs healing sits or stands while other sacred rituals are performed. This can also be done as a 'group healing'. Depending on which specific heritage, the style, the size of the MANDALA/medicine wheel and the specific ceremony varies from Native culture to culture as do those around the world. The one commonality is that all are honoring the sacredness of Mother Earth (our Yin side), the Sky Father (our Yang energy) and our life on earth as the Child of the Divine Father/Mother (a Trinity) to find balance daily between our spirit living within our Divine Self while dancing (*Lila* – Hindu) our earthly life.





Regarding MANDALAS being implemented as a healing modality in modern times, we turn to Switzerland's, CARL G. JUNG, psychiatrist, and founder of analytical psychology. Jung made the professional conclusion that the Western psyche is deeply fractured and fragmented; that the Western psyche suffered tremendously from the developing world of empirical rationalism.

Interestingly, Carl Jung began to see that he, too, suffered from somewhat the same fissure. Amidst the chaos of WWI, Jung began to intuit that, like a mirror, his own personal inner landscape was in much the same state of dis-synchronization and turmoil as the outer world.

He knew how to heal others – assist them in healing themselves. He realized that he needed to restore a sense of balance to his own inner self; to heal himself. INTENTION is a very powerful aspect in our consciousness. With the intention of becoming whole, (as in holistic) Carl noticed that sacred symbols were spontaneously appearing in his dreams. He did not understand what the symbols were or what they meant so he began to sketch them in a notebook. After some months of sketching these symbols, he noticed a certain peaceful balance psychologically.

(Carl Gustav Jung: July 26, 1875 – June 6, 1961)

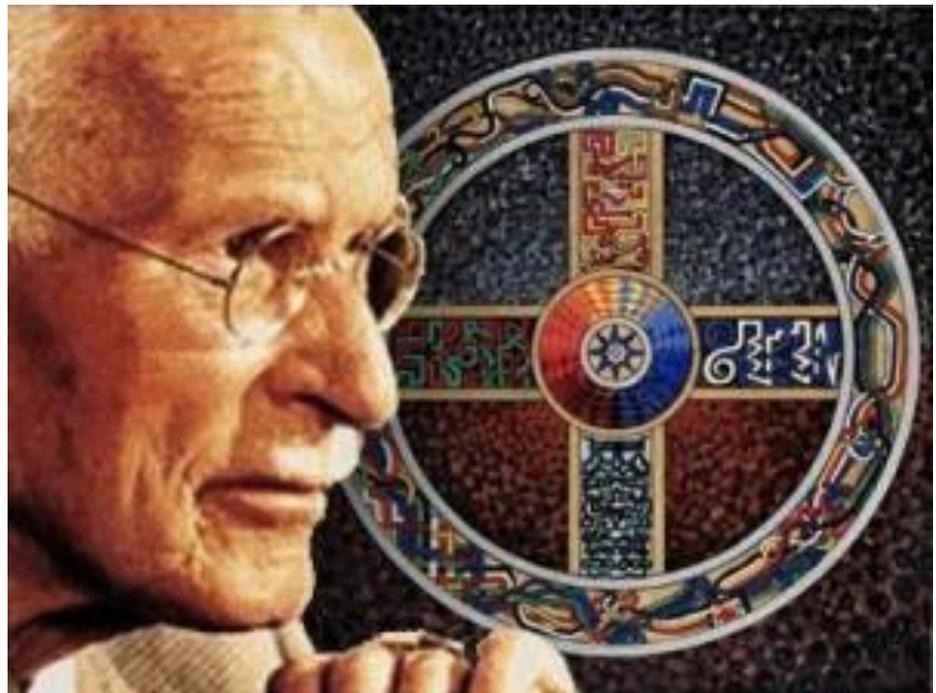


“The mandala
is an archetypal image
whose occurrence is attested
throughout the ages....

The circular image
represents the wholeness,
or, to put it in mythic terms,
the divinity incarnate in man.”

C.G. Jung

www.jungcurrents.com



At the same time, Jung was deeply upset about the many acts of destruction of Christian churches and symbols that was taking place all over Europe during the world wars. Jung believed that the role of religious symbols was to impart to the human's psyche a sacred meaning of life and that to not have these structures/symbols would put mankind at the mercy of the dark psychic underworld. One of his greatest concerns was how in 1917 Russia fell prey to Lenin and Marxism. Marx was a rationalist who had no use or tolerance for religion which he labeled an 'opiate of the people' because, he thought, religion was a blind belief system that questioned nothing.

Around A.D. 988 Russia had converted to Byzantine Christianity wherein the Russian people grew a deep devotion to the feminine image of the Divine Mother of love, protection and compassion as inspired by the icon of Madonna, Mother of God and as the 'spiritual heart.'

When atheistic communism rose to power in 1917, the Russian people suffered religious, artistic, and political persecution as the Russian churches were used for army barracks and museums. "Mother Russia" became trampled and desecrated leaving the people feeling their country had become heartless.

Jung began to research sacred symbolism as used in worldwide religions. He left Europe to go to India where he learned that MANDALAS came from ancient roots. Everywhere he went he saw the MANDALA. The Sri Yantra and the Tibetan Buddhist MANDALAS were **everywhere!** Jung learned that, in India, the symbol of the MANDALA is based on the yogic spiritual science of sound and consciousness; that it represents wholeness, enlightenment and psychological integration.

Searching deeply with the intention of 'knowing', Jung began to have an intuition that –maybe somehow – matter (atomic energy) was somehow directly connected with the psyche (consciousness). This was quite a 'startling' thought

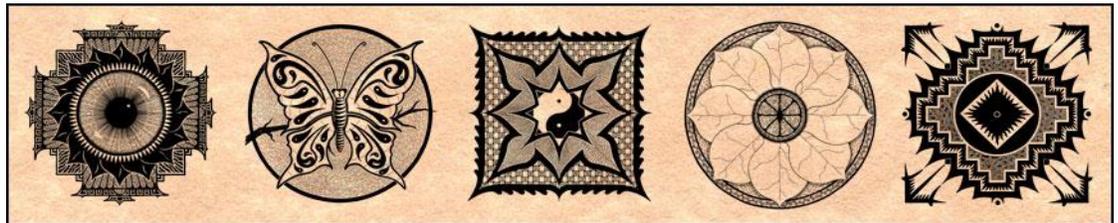
to Jung. As a scientist he was cautious about getting 'swept up' with Eastern spiritual science to investigate the potentiality of this relationship.

Taking the path of the scientist, Jung formed an alliance with Nobel physicist Wolfgang Pauli. From this alliance Jung coined the word 'synchronicity' to define the principle of the unification that connects *psyche* and *matter*. For Jung, *synchronicity* was about the '*acausal*' principle connecting the '*objective*' matter (atomic energy) and the *psyche* in a subjectively meaningful coincidence or event.

As an interesting side note, Wolfgang Pauli – along with many great scientists – was very intuitively aware that these principles existed throughout the ages. One of Pauli's essays, "The Influence of Archetypal Ideas on Kepler's Construction of Scientific Theories" and a lecture on "Science and Western Thought" demonstrated that Pauli was not satisfied with the pure view of the empiricist in which the natural laws can be drawn solely from the data of experience. Rather, he shadowed the philosophy whereby there is a connecting link between sense perceptions on the one hand and concepts on the other.

Pauli cites the following passage from Kepler's Mysterium Cosmographicum: "*The image of the triune God is in the sphere, namely of the Father in the center, of the Son in the outer surface and of the Holy Ghost in the uniformity of connection between point and intervening space or surroundings.*" In other words, according to Pauli's theory/philosophy, this symbol which is most intimately associated with the Holy Trinity is what Jung described as the MANDALA. QUANTUM QUESTIONS Mystical Writings of the World's Greatest Physicists. Edited by Ken Wilbur, [P170-171]. Shambala Publications, Inc. 2001 (1984)

While there is much more that can be stated about Jung and his MANDALA therapies, a simplified summary might be to say that Jung's philosophy was that the essence of the pattern of the MANDALA (referred to as the 'squaring of the circle') is a very basic motif relative to the architecture of dreams and fantasies. A great deal of Jung's psychotherapy included interpreting the individual MANDALAS that were created by his patients. Jung considered that the MANDALA was a mysterious conduit between our (modern) consciousness and our most ancient and sacred origins.



A sensitive and highly spiritual young girl found solace in the stories of the various Christian mystics. She was especially drawn to the mystic and founder of the Carmelite order, Teresa of Avila.

As a young woman she followed the path that seemed to be drawing her ever nearer to the Divine as she studied to become a Carmelite nun within the walls of a strict, cloistered monastery. It was not long after she had settled into her routine at the monastery that she experienced a mystical experience of God as a formless Divine Light. She shared this experience with her superior. As though ice-cold water had been thrust into her face, she was in complete shock when her superior told Judith that she was too young to have such an experience and, as such, thought the girl was going crazy.

Shattered and feeling betrayed, the girl left the monastery as requested. As anyone can imagine, she felt misunderstood by the nuns. Greater than feeling shocked at the nuns request to leave was the feeling of being rejected by God and forsaken by the Church.

This sensitive child grew up to find solace and expression through art and spirituality. Judith Cornell, PhD, was a distinguished artist, researcher, seminar leader and adjunct associate professor at the California Institute of Integral Studies in the Department of East/West Psychology as well as the Manifesting Inner Light in Sausalito, California. Judith was an award-winning author of "Mandala: Luminous Symbols for Healing". This was named one of the best books of the year by **Body, Mind, Spirit** magazine. Judith developed programs to explore the integration and synthesis of art with psychology, philosophy, science, and spirituality. Dr. Cornell designed MANDALA workshops for the specific purpose of discovering one's inner numinosity (luminous mystical/spiritual Self); the gifts of creativity, spirituality, and a 'holism' with all and common to all mankind. By forming a 'Yoga' of blending the symbols of

sacred art and spiritual science of the MANDALA, together with the theories of quantum physics, raja, kundalini yoga and transpersonal psychology, one can call upon the physician within to return to the divine, perfect state of Self-Knowledge that restores the peaceful heart.

Judith was clearly immersed in the Hindu lifestyle and was very involved with AMMA, the hugging saint from Kerala, India, whose temple/center for the United States is in San Ramon, CA.

Amma's very humble childhood began in a poor remote village. She was rejected by her family because they felt her skin was too dark. She was forced into servitude as a victim of racial prejudice in her own family. In Amma's biography as written by Judith Cornell, Amma is quoted: "*I always wanted to know the cause of misery and thought if sorrow is a truth, then there must be a cause and a way out (and) I realize my purpose is to console – to personally wipe away tears through selfless love, compassion and service.*" Discovering her divine calling to comfort others, Amma began her pilgrimage of providing healing through the simple grace of hugging people – all people of all colors, socio-economic status, and states of health. This includes hugging and healing lepers. The arduous footpath of one inspired woman with an immense heart that yearned to heal became the matrix behind a powerful international organization that promotes awareness of our greater spiritual journey on earth: The Mata Amritanandamayi Center. Amma's center has built homes, a school, and a hospital.

Judith Cornell was accepted by Amma to travel to India and live among her devotees while authoring Amma's biography. Besides being enlightening in many ways, Amma's biographical book is a cliffhanger at times as Judith describes how difficult the living circumstances were for her as well as the difficult transformation that took place within Judith's heart and psyche. Judith,

the child/woman had the *intention*. The universe provided out of the womb of endless potentialities.

Amma Healing the Heart of the World by Judith Cornell [William Morrow – An Imprint of HarperCollins *Publishers* 2001] The notes on the back of the book include:

“Ammachi’s example of selfless, unconditional love, a radiating compassion is captured so powerfully in Judith Cornell’s biography of the Indian saint. Amma’s life is action, a cosmic gesture of acceptance through her capacity to give love to virtually everyone she encounters. There is no doubt this is precisely what the world needs in our age.” Brother Wayne Teasdale, author of The Mystic Heart: Discovering a Universality in the World’s Religions.

“This compelling biography is certain to inspire seekers of every persuasion – and touch the hearts of even the most hardened skeptics. Whether or not you believe in miracles or divine incarnations, you’ll never see the world in quite the same way again after reading this extraordinary book.” Stephan Bodian, Zen Buddhist priest, former editor-in-chief of Yoga Journal, author of Meditation for Dummies and coauthor of Living Yoga.

Judith’s deepest love, intention and desire became fully manifest where she was accepted into the Hindu Temple and attained the status of a classically-trained yogini of the non-dual Saivite tradition.

On November 17, 2009, Satguru Bodhinatha of the Kadavul Hindu Temple in Kauai blessed Judith Cornell with her new Saivite Hindu name RAJITA SIVANANDA.

Judith Cornell, ‘Rajita Sivananda’ transitioned in May of 2010.

ॐ मणिपद्मे हूँ

OM MANI PADME HUM.



In your heart there is a lotus.

In the lotus is a jewel.

In the jewel is the Source of Life.

In August of 2000 I had the pleasure and honor of participating in one of Dr. Cornell's 6-day intensive workshops at Mt. Madonna, California. At the conclusion of the workshop, I continued to work with Judith on a one-on-one basis for about 6 months.

Drawing the MANDLA within a sacred space is one of many modalities used in my Transpersonal/Spiritual Practitioner workshops which are based on the teachings of Vedic, Buddhist, Mystical Christianity, Native Indigenous wisdoms, quantum theory, mythology, and metaphysical ministries. An important thing to keep in mind is to not judge or criticize yourself. Absolutely no drawing

talent or experience is required. It is all about a process of meditation and receiving messages through the symbols in the mandala and whatever the verbal message is that interprets the symbol that emerges from within your heart.

In their own ways, various cultures draw and speak their own languages teaching that each of us is the One Perfect Christ-child consciousness as a reflection of the One Perfect Omnipotent, Omnipresent Divine Father/Mother, spinning a collective web to fulfill our dream state as reflected through our individual as well as universal consciousness.

Over thousands of years, we have spun many dreams into an infinite array of manifestations like the artistic weaver at the loom or potter at the wheel. The beautifully intricate flower or gloriously multi-colored feathers of a bird manifest an inherent 'seed' (*jewel*) of "intuitive intelligence-of-the-heart" that knows EXACTLY what it IS and unfolds accordingly in perfect order and in perfect time.

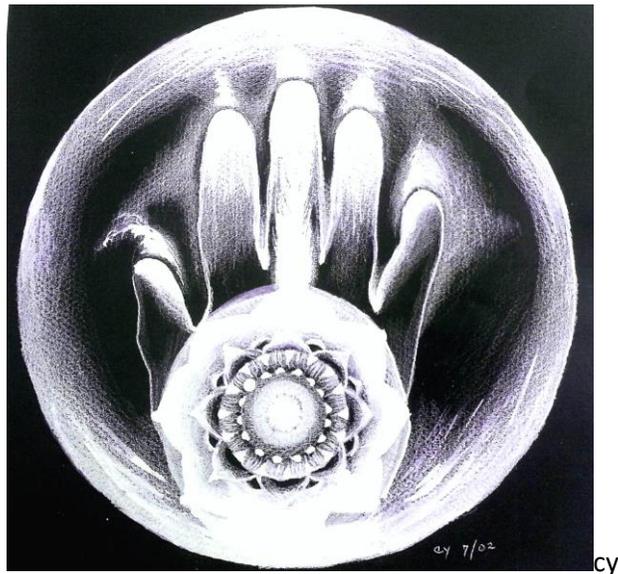
By going within and meditating upon the heart of the MANDALA, we can see the jewel seed. By observing in silence, the process of the MANDALA unfolding we can know the deep and rich history of our own unique story/script as well as the tribal and race scripts through which we have traveled and to which we have contributed. As revealed before our third- eye-consciousness, the jewel/seed speaks symbolically to our intuitive-intelligence-of-the-heart in a very intimate way.

Both Jesus and Buddha taught that theirs is the WAY and the PATH; it was never their intention to save us. Only we individually can do that for ourselves with the help of the holistic physician within ~ the intuitive-intelligence-of-the-heart. Their teachings are the directions, the road map, to help us along the way.

The 'seed' (jewel) within you will grow, expand, heal, and awaken in perfect time and order. KNOW that you already know this and trust with faith. Each of us is an integral aspect of the One Lotus Garden. Each of us is rising out of the dark murky mud and muck to shine brightly as we unfold the light from within to return to a perfected holistic state in our Self-Knowledge once again. Each of us is 'The Lotus Heart Unfolding'. Each one of us is an aspect of each other working together for the greater and highest good of all mankind. The Maya call this" La Kesh".

The time is now. The time is perfect because there is NO-time within the ALL-time in which we are traveling. You are the blessed instrument through which the Song of the Lord is sung. You are the Sacred Gem through which His work is done.

Let go and Let GOD! Knowing that
“The journey of a thousand miles begins with one small step”. Lao Tszu



[Meditation Message during a MANDALA Session]

In the depths of darkness, we have traveled through eons of cycles.

Darkness into Light. Light into Darkness.

Like the ebbing and flowing of the tides.

*In the dark womb of Mother Earth, the seedling germinates,
rising above ground to drink in the sunshine.*

Returning once again to be recycled underground.

*Together we are ancient and have withstood the winds, the tides, and the
cycles of time.*

Even in so-called darkness you have been illuminated from within.

[Celeinne Y. 2000]



Become the awakened one knowing you are the Medicine Spirit for the wounded soul. cy

Prayerful meditation means to quietly relax before beginning your Mandala. Take several deep breaths. Hold for 5-10 seconds. Exhale slowly, consciously releasing any negative thoughts, emotions, people, or circumstances that are not supporting your higher purpose.

A couple visuals are strands of smoke leaving through your breath. Another is to visualize fire lanterns containing that which you are releasing as being released to the sky. This may be symbolic of you releasing from the earth energy to the lighter sky or aetheric energy. You may be given another visual or message that is especially unique for you. Feel the power of peace in your heart with the intention of releasing with respectful gratitude for whatever lessons those negative influences may have been in your spiritual growth. Keep in mind that each of us is here on behalf of all mankind. Each of us and our 'gift of lessons' is for the healing and upliftment within the intricate web of life of which we are connected by spirit.

Let your pencil flow organically from your intuitive heart (Yin), not as an artist coming from the intellectual head (Yang).

Once complete, which could be done over more than one session, meditate upon your Mandala and ask for the message associated with what you drew. You will be surprised how well you are guided here. INTENTION is key.

Mandala: Spirit Descending





About Celeinne

Author of From SHATTERED INNOCENSE to RADIANT HEALING A Journey of Transformation Through Forgiveness and Compassion. A memoir of overcoming a violent and abusive childhood by a violent, schizophrenic alcoholic mother and several foster homes of physical, emotional, and sexual abuse until adopted by a wonderfully supportive and loving family at the age of sixteen.

Early childhood life experiences guided Celeinne upon the spiritual path. A perpetual seeker and student with a highly curious mind about the how and why of life's dramas and traumas, Celeinne immersed herself in traditional studies but felt most drawn to more philosophical and esoteric venues for answers that have proven to resonate deeply within her.

The path which includes fifty years of studies in Eastern Thought, Mysticism, Western Mystery School, Vedic Astrology, metaphysics, quantum theory and healing with mandalas and sound/frequencies has culminated in becoming an ordained Metaphysical Minister with a non-secular degree in philosophy, specializing in transpersonal consciousness through the educational arm of the International Metaphysical Ministries.

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